



# SAFE TRANSPORT POLICY

Torrens Rowing Club  
Version 2 10 / 03 / 2020

# SAFE TRANSPORT POLICY

## Torrens Rowing Club

Getting to and from training, regattas, activities and events with safe transport practices is an important part of having a responsible, healthy environment for members. We know sporting clubs have a great opportunity to aid general community safety around transport and drinking culture which can prevent tragedies in the local community.

Alcohol, drugs and fatigue affect pedestrians' and drivers' abilities to stay safe. They affect decision-making, reaction times, speed and distance judgements, concentration, balance, perception and alertness. These factors can also increase risk-taking behaviour by giving a pedestrian or driver a false sense of confidence.

### 1. RATIONALE

**Torrens Rowing Club** recognises that:

- It has a duty of care to all members and visitors involved in club-related activities and events and can play an important community safety role
- Fatigue plays a part in the ability to drive safely
- Mixing drugs (including prescription medication) with other drugs or alcohol can seriously affect the ability to drive safely
- Driving under the influence of alcohol and/or drugs is illegal and is hazardous to individuals and the wider community
- Drink driving is one of the main causes of road deaths in Australia
- It takes one hour for each standard drink of alcohol consumed to be broken down by the liver
- It takes considerable time until a person can legally and safely drive home if they have consumed over the recommended limits of alcohol.

Accordingly, the following safe transport policy shall apply for all functions undertaken by the club that involve the serving and/or consumption of alcohol.

## 2. CLUB SAFE TRANSPORT ACTIONS

**Torrens Rowing Club** will:

- Create awareness of this policy to members and visitors via information on the club's website and information provided to new members.
- Implement strategies to create awareness of safe transport messages to club members, such as, displaying standard drink posters to help patrons recognise what standard drinks are and the implications on safe driving.
- Promote strategies that encourage members to plan how they'll get home safely before they go out. For example, arrange a designated driver – it could be a friend or family member, or the bus or taxi/uber driver.
- Promote strategies that encourage members to plan how they'll get to and from early training sessions safely.
- Encourage attendees at functions to call a sober person to provide transport from the club or venue, if appropriate.

## 3. COMMITTEE MEMBERS, MEMBERS, AND OFFICIALS

Those attending club activities and events where they are planning on drinking alcohol are encouraged to make transport arrangements to get to and from the activity safely. For example:

- Use a taxi or uber
- Ride with a driver who hasn't been drinking alcohol or taking drugs
- Plan ahead and arrange overnight accommodation

## 4. CLUBS WITH A LIQUOR LICENCE FOR ANY CLUB EVENT OR CLUB FUNCTION

- In specific cases, where a designated driver nominated by the club has accepted the responsibility to drive others home safely, the club will provide non-alcoholic drinks and/or bar food free of charge to this person (or passengers will be encouraged to pay for these for their driver).

Bar staff/servers of alcohol shall:

- Encourage members and visitors to make safe transport arrangements if they are considered to be intoxicated or at risk of exceeding .05 blood alcohol concentration.
- Promote low alcohol and non-alcoholic drinks.

## 5. SAFE TRANSPORT STRATEGIES WHEN AVAILABLE OR FEASIBLE

- Remind club members to manage fatigue appropriately so it is safe for them to drive to early training sessions.
- Use a club or community bus (such as council, school or tourist buses) and:
  - The bus or transport provided will be an alcohol-free zone (i.e. no alcohol on the bus).
  - The bus is not to be used to transport members between licensed venues (i.e. not to be used for a pub crawl).
  - People who have consumed alcohol are to make safe transport arrangements to get from the bus drop-off to home.
- Use uber or taxis

## 6. POLICY REVIEW

This policy will be reviewed every 2 years by the club committee to ensure it remains relevant to club operations and reflects community expectations and legislation. Updates of this policy will be promoted as outlined above.

Carmine Barone  
Club President  
Date: 10 March 2020

Janet Barelli  
Club Secretary  
Date: 10 March 2020

Next review date: **10 March 2022**

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## ENQUIRIES

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