



BOATSHED BULLETIN

TORRENS WOMEN TAKE 05-06 PREMIERSHIP

SENIOR MEN REBUILD FOR THE FUTURE

MASTERS SQUADS SHOW THE WAY

Club Captain Roly Dankbaar

SARA CLUB PREMIERSHIP STANDINGS 2005/6

No it wasn't your imagination, Torrens was everywhere at regattas, scoring points (winning rowers at regattas) in every available section, and in total scoring more points than any other club. Torrens placings in the various categories: Men's (4th), Women's (1st), Schoolboy, Schoolgirl (6th), Masters Men's (currently 1st) and Masters Women's (currently 2nd). Are we proud?

Yes we are!.....CONGRATULATIONS to all who took part in and helped out with regattas this year.

TRC Website

Check our website - Have you visited it lately? Pictures of the brilliant Cocktail night.....go to www.torrensrowingclub.com

A NEW LEADER IN THE CLUB

You will be delighted to meet our new vice-captain, Hamish McWhirr. A valuable member of our senior men's squad, Hamish is a proven organiser and has a great knowledge of rowing, coaching at Pulteney and working at local rowing shell manufacturer, JR Racing. Hamish is easy to chat with so please introduce yourself.

TRC MASTERS PREPARE FOR SEASON CLIMAX

Torrens has prepared a huge team for the SA Masters Championships at West Lakes on May 6. Will the men's team be able to hang on to their slender premiership lead? Will the women's team continue to improve? And all of those newly assembled mixed crews racing in the afternoon.....that's going to be interesting! Good luck from all at the club.

The Australian Masters Championships returns to Nagambie, that windy but beautiful rural setting in central Victoria. Torrens has 19 rowers donning the red-and-white hoops over their rippling muscles, forming into 39 crews over three days of competition. Will Henni be able to repeat her medal-winning performance at Rockhampton in 2005? And what about Terry Brown (that girl again!) who represents SA in the 2006 interstate quad race. Message from those who have been to Nagambie, "You'd better row hard or you'll freeze to death!". Good luck.

BOAT CARE AND MAINTENANCE

Thanks to all Torrens for taking more care with our equipment and reducing the number of knocks and scrapes to our boats. The washing of boats at West Lakes has improved markedly whereas the Torrens Lake boats look to have forgotten the sensation of detergent on their hulls - experienced rowers please set a higher standard. Please remember that, all going well, it is going to be a couple of years before our club can afford to make that exciting purchase of a new boat.

The winter plan for restoration is as follows - Senior men to prepare the Southcott4x and the Sugg1x for painting. Senior women to spring-clean and adjust the rigging on all the West Lakes boats. Masters men to paint the oars at West Lakes. Masters women to paint the oars at Torrens Lake. I would love the TOMS group to take on a boat project over winter. If you are a rower at Torrens, please make a contribution to the upkeep of your equipment.

The committee has approved purchase of new back-arms and foot-clogs for West Lakes boats (following on from replacement of seat wheels in February) as well as a set of sweep riggers for the Bowen 4x. The masters women's squad has raised funds to purchase two Coxmate systems for use at the Torrens - these will be an asset to coaching - thank you for your wonderful gesture.

TRC STRATEGIC PLANNING DAY IN JULY

I love all of the brilliant ideas people have for our club....."we should....." "What about if.....". The committee wants to see more of these good ideas become realities. Things like regular social events, better storage systems, leadership structures that promote harmony, fundraising ideas, care for new members etc. Expect a questionnaire over winter. And expect to be asked to play a role in making Torrens a better club. Let's realize our dreams.

QUIZ NIGHT

Hamish (TRC vice captain) is planning a big social event for August 5th 2006, where we find out if it is true that having no brains makes you a better rower? Maybe you can help out with prizes for this night (giving them, not winning them) - please contact Hamish.

FITNESS WORKSHOP

Coming to a club near you in June – fitness, stretching, nutrition – Carmel Murray will be in touch !

ANNUAL CLUB AWARDS

Who will win this year's awards?
There were many stars this year.....
.....come to the Annual dinner to find out who.

Club coach, Phil Blessing reflects on the season past,

As the competitive season is now over, it is timely to reflect on our achievements so far.

The beginning of the season saw many newcomers to the club and to the sport of rowing. This came about as a result of our own recruiting efforts, people joining us having seen our athletes' performances and some participants from the Try Rowing/Go Rowing programs, largely due to our coaches continued involvement in these programs. The end result of this has seen our junior and senior girl's squad continue with good numbers, an increase in our master's ranks and a very good size senior men's squad all with good representation out on the water. My thanks go to Lou Lippis and John Tonkin for their efforts with the boys. Thanks also go to Francis Willis for his help and in particular his work with the Junior Girls.

In the domestic competition, the junior and senior girls won a total of 8 State Championships in 1st, 2nd and 3rd Grade events as well as Schoolgirl championships. At the National Championships, our Under 19 girls won 2 Bronze medals. Four TRC girls were selected in the State Team, winning 2 silver medals in the Women's Youth Eight and Women's Lightweight Quad Scull. TRC men won gold in Under 23 LW pairs, Bronze in Under 23 fours and also represented SA in the Interstate Regatta. Overall, South Australia won 26 medals at the National Championships including 10 gold medals with TRC rowers well represented in the team. Also noteworthy was our Under 17 girls' quad making the final in their first Nationals attempt.

Three TRC rowers are currently training in preparation for the Australian Selection Trials later this month. TRC has again won the Women's Premiership and the Master's Premiership. Our masters are also preparing to go to the Australian Masters Championships and we expect some good results there.

Our focus now is to review the season, work out where we can improve and start planning for the next season. Coming events include Youth Cup in September, Youth Olympics in January and of course National Championships in March 2007 to be held at Nagambie in Victoria. There is also some talk of possibly sending crews to the head of the Yarra in October this year.

FROM THE SECRETARY

TORRENS sign long-term lease on full bay at west lakes

After what seemed an eternity, the club has finally signed a long-term lease for the full bay at West Lakes. Up to now, the club has shared the bay with an “somewhat electric” group of tenants, and not always to our satisfaction. However, those days are past and your club can move forward with confidence and security of tenure in the future, as we gear up our training programs and take full advantage of this excellent “on-water” facility.

Yes, the rent is not cheap, but neither is the price of success. Hopefully, to offset the cost, space has been made available for both members and the public to rent space for their single scull or other craft at a competitive rate, with year round access and full security. Contact the Secretary on 82234428 for details.

TORRENS shows the way in recreational rowing development

Just one of the success stories of the TRC has been the hosting of the WEA learn to row program. Under the tutelage of Dianne Debellis in recent years, the club has played host to any number of “newbies” who have decided that rowing is for them. (no doubt having been inspired by our very own Sally Newmarch !). On a Sunday morning, over a period of four weeks, with assistants on hand, Dianne has organised these groups to take their first tentative steps “on-water”. However, the success story does not stop there. Realising that some people wanted more, your club introduced an “intermediate course”, i.e., the next step, whereby the WEA graduates, could advance to the next level of proficiency. Enter, Lui Lippis, who developed a six week training program to accommodate the need. This course has proven to be a winner, with numbers then deciding to join the club and join the various masters squads. The club has also been a winner, with new members, new enthusiasm, and a “heck of a lot crews out there having a go !”. Just ask our captain, juggling boats and crews is certainly not improving his hairline !.

WE DO OUR BIT !

Apart from being the best club on the river, our members are well represented at the organising and administrative level of the sport. Here is a short list for starters !

Michael Eastaughffe, State Delelgate to ARC Council, ARC National Competition Manager, FISA, National & State Umpire

Paul Logan (heads up the “dark side”, i.e., the umpires in S A), Umpires Commissioner, SARA, National Umpire, SARA Board Member

Barny Cundell, , National & State Umpire

Phil Bleasing, coach at SARA rowing development courses

Francis Willis, coach at SARA rowing development courses

Penny Halliday, (yes Penny, I’m counting you as one of “us” also), SARA Volunteers Commissioner, SARA Board Member – and anything else in between !

David Neall, State Umpire, Secretary to SARA Masters Commission

TRIFECTA AT THE HEAD OF THE RIVER

Just happened to glance over the results for the Head of the River in South Australia. In particular, the girls 1st eight result - Wilderness, Pembroke, Pulteney, in that order, and all coached by TRC members, Andrew Stunnell, Bob Russell and Phil Blesing respectively !

OUR MAN IN DOHA – QATAR

Who, What , Where did you say !. A quick squiz at the atlas reveals all, it’s part of the United Arab Emirates, that’s north east of Saudi Arabia, on the coast. Our man – Matthew Draper was tapped on the shoulder by F.I.S.A. and told –

(a) go and supervise the construction of a fully accredited FISA course in the desert (the local sheik is paying the bill)

(b) when that’s done, organise the rowing section of the 2006 Asian Games scheduled for December.

Bryan, Matt’s father will be in touch with him and hopefully we will hear of his adventures in a later bulletin.

SOCIAL EVENTS

Get ready, get set, the Annual Dinner and Award Presentation is set down for 17 June 2006. This is “the night” for the club. Due to the ever increasing popularity we are moving to the Drill Hall, Torrens Parade Ground. Prices are \$60 or \$50 student concession.

The menu is soup, main course, desert, cheese & greens, coffee. Also, included is free parking on the Parade Ground, and pre-dinner drinks. Be in the starters hands by 7.00 PM for a 7.30PM start. Tickets available from the secretary (club) 82234428 or email secretary@torrensrowingclub.com. Organise your table now and avoid disappointment.

Coming to a rowing club near you ! – the **TRC Quiz Night** , Saturday 5th August 2006. Stay tuned for details.

Not really a social event – but Hey !! – The Annual General Meeting, Sunday 13th August, 2006, your chance to partake in a free and fair election – come over to the dark side - become a committee member.

MERCHANDISE

To order your club blazer in time for the Annual Dinner. Act Now!

Cost \$375.00

An appointment for measurements & fitting must be made with

John K Tailoring
264A Magill Road
Beulah Park SA 5067
Tel: 8331 9240

Please contact Anne Lippis on 8373 0859 to make sure blazer fabric and embroidered pocket is supplied to the tailor.

Other items on sale are

Club Tie \$33.00

Club Hat \$16.50

(white cap or white bucket hat style)

ENTERTAINMENT BOOKS

Now available, contact the treasurer on 83730859, mobile 0417 818 799 or email treasurer@torrensrowingclub.com for details